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SUMMER VACAY Cheat Sheet

If you're heading on vacation with your kiddos this summer, then your **food budget** can get crazy if you don't plan ahead a little.

And, while you may not be cooking dinner in your hotel room--I have **a trick that saves me HUNDREDS** every single time we travel as a family & stay in hotels.

I learned how to slash my food budget by simply ordering groceries online & having them delivered to the hotel. (Instacart, Shipt, even Kroger & Walmart!)

We eat breakfast in the hotel room (or grab it to go as we're heading out). And, most days we pack a cooler with sack lunches & additional snacks.

Can you do this at Disney? Yep. Universal? Yep. Any-hotel-anywhere-with-kids? Yep.

Below you'll find my go-to **Ultimate Hotel Grocery List**. The list contains everything you'll need for:

- Quick breakfasts
- Sack Lunches
- Drinks (waters & more)
- Alllll the snacks!

Happy Travels,
Brett



ULTIMATE HOTEL GROCERY LIST

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EXTRAS

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BREAKFAST

- Cereal
- Bag of mini donuts
- Mini muffins snack bags
- Breakfast bars (nutrigrain)
- Poptarts
- Paper bowls
- Plastic Spoons
- Napkins
- Ziplocs - dry cereal bags
- Go-gurt Tubes
- K-Cups / Coffee
- Coffee Cups (styrofoam)
- Dry Creamer / Sugar

LUNCH

- 1-2 Loaves of sandwich bread
- Mustard
- Deli Sliced Ham
- Deli Sliced Turkey
- Pre-sliced cheese
- Peanut butter or almond butter
- Honey / Jelly
- 2 bags of chips
- ziplocs for sandwich & chips

SNACKS

- Goldfish
- Trail Mix
- Granola Bars
- Fruit (oranges / apples / bananas)
- Beef Jerky / Slim Jims
- Ritz sandwich crackers (cheese)
- Teddy Grahams / Animal Cookies
- Cookie Snack Bags
- Fruit Roll Ups / Fruit Snack Bags
- Go-Go Squeeze (Fruit Pouches)

DRINKS

- 1/2 Gallon Milk
- 24 Pack of waters
- Beer / Wine
- Juice boxes
- Solo Cups